



**It starts with you.
It stops with you.**

If your gambling feels out of control, consider self-exclusion.

With this AGLC program, you can voluntarily ban yourself from all Alberta casinos and racing entertainment centres. Work with the self-exclusion program and problem gambling resources to help yourself avoid gambling opportunities and situations.

For more information visit a Responsible Gambling Information Centre or speak to casino/racing entertainment centre staff. Learn more by visiting www.aglc.ca

